



GDA AFTERCARE PROGRAM FOR RELEASED ACADEMY PLAYERS

PROGRAMME OVERVIEW

The GDA Aftercare Program supports Academy football players after their release, guiding them through the transition to the next phase of life. Through a comprehensive focus on leadership development, people skills, purpose discovery, and mastering essential skills to be a success in the modern world, participants not only enhance their personal growth but also become catalysts for positive change in their communities. These skills empower them to forge a new path of work embracing other passions. Success in this new path will see them display the necessary mindset and behaviours of very successful people such as Confidence, Competence, and Enthusiasm.



As they engage in all aspects of their work and life, they naturally inspire others through their actions, setting an example that motivates and guides. They learn to forge meaningful interpersonal connections, become persuasive communicators, foster creative problem-solving, and embody confident and enthusiastic leadership. Over the course of 12 sessions, the program guides them in identifying their life's important priorities and provides unwavering support to implement practical tools that drive both personal and professional growth, enabling them to leave a profound and meaningful mark on society.



KEY OBJECTIVES OF THE PROGRAM



Leadership Development

Empowering players with the skills to become influential leaders in various areas of life.



"What's Next" Focus

Guiding players to identify their key priorities in life and explore opportunities beyond football, assisting them in defining a purpose-driven future.



Unleashing Superpowers

Helping players uncover and utilise their unique gifts and abilities for success, enabling them to leverage their individual strengths effectively.



Goal Aspiration and Achievement

Equipping players with adaptability, agility, flexibility, and confidence to reach new goals, inspiring them to surpass their own expectations.



Relationship Building Techniques

Teaching players essential skills for meaningful connections and networking, providing them with the ability to forge valuable relationships, sell ideas, get buy-ins, motivate others and influence people to their way of thinking.



Resilience

Building players' ability to bounce back and achieve greatness, developing their mental fortitude and emotional strength to overcome challenges.



Confidence in Diverse Success

Instilling in players the belief and readiness to pursue success beyond Football, empowering them to excel in various domains.

KEY OBJECTIVES OF THE PROGRAM

Program Benefits

Strong Leadership Skills

Players develop influential leadership abilities as role models.

Goal Achievement

Equip players to set and achieve ambitious goals.

Purpose and Direction

Players attain Clarity of Vision and define their path with certainty and focus.

Effective People Skills and Relationship Building

Learn skills for meaningful connections and networking.

Program Benefits

Resilience and Mental Toughness

Develop the strength to overcome challenges.

Success in Various Domains

Gain confidence to excel beyond football.

Adaptability and Versatility

Thrive in changing environments.

COMPETENCIES COVERED

- Accountability
- Emotional and social intelligence
- Confidence
- Inspiring
- Effective communication
- Honesty and integrity
- Works cooperatively
- Attitude
- Professionalism
- Initiative
- People Skills
- Stress Management



DIAMOND

12 SESSIONS 2 HOUR SESSION

GOLD



8 SESSIONS

SILVER

4 SESSIONS

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